

# CSEP 2010

## Exploring the Routes to Health and Fitness



November 3-5, 2010  
Hyatt Regency on King  
Toronto, Ontario

[www.csep.ca](http://www.csep.ca)

## Preliminary Announcement

### KEYNOTE SPEAKERS

- THURSDAY:** **John Sutton Memorial Lecture**  
Terry Graham, University of Guelph
- FRIDAY:** **President's Tutorial Lecture**  
Phillip Gardiner, University of Manitoba
- SATURDAY:** **Lecture on Muscle Health and Exercise**  
John Holloszy, Washington University  
School of Medicine, St. Louis, Missouri

### ABSTRACT SUBMISSION & CONFERENCE REGISTRATION PORTALS:

**will open April 1, 2010**

### ABSTRACT DEADLINE:

**Sunday June 20, 2010**

INFORMATION: [info@csep.ca](mailto:info@csep.ca)

### PLANNED SYMPOSIA (subject to change)

#### **Graduate Student Award Symposium**

*Four Award Finalists*

#### **Muscle Protein Turnover with Loading and Disuse in Humans**

*Chair: S. Phillips, McMaster University*

#### **Cardiometabolic Risk**

*Chair: R. Ross, Queen's University*

#### **Adipose Tissue Biology in Exercise and Disease**

*Chair: R. Ceddia, York University*

#### **(HFP) Physical Activity Prescription Guidelines for Persons with Chronic Diseases**

*Chair: D.E.R. Warburton, University of British Columbia*

#### **Exercise, Metabolism and Cancer**

*Chair: M. Mourtzakis, University of Waterloo*

#### **The Cardiovascular System Across the Lifespan**

*Chair: C. Amara, University of Toronto*

#### **(HFP) Pre-Diabetes Detection and Physical Activity Intervention**

*Chair: C. Ardern, York University*

#### **The Myonuclear Domain and Muscle Disuse**

*Chair: J. Quadrilatero, University of Waterloo*

#### **(HFP) Canada's Health Measures Survey**

*Chair: M. Tremblay, Healthy Active Living & Obesity Research Institute, CHEO, Ottawa*

#### **Alternative Theories of Obesity: The Roads Less Travelled**

*Chair: J. Kuk, York University*

#### **Predicting Fitness and Performance from Genomics and Other Omics**

*Chair: C. Bouchard, Pennington Biomedical Research Center, Baton Rouge, LA*

#### **Knowledge Translation Symposium**

#### **Exercise and Health: Separating Fact from Fiction**

*Chair: D. Hood, York University*

#### **Graduate Student Sponsored Symposium**

#### **From Mice to Men: The Divide between Molecular Biology and Human Physiology**

*Chair: A. Rossi, Concordia University*

#### **The Molecular Basis for Lifespan Extension: Role of Diet and Exercise**

*Chair: R. Hepple, University of Calgary*

#### **(HFP) Core Stability Training Applications**

*Chair: J. Fowles, Acadia University*

### Conference Supporters:

